



**Dayananda Sagar College of Dental Sciences,**  
Shavige Malleshwara Hills, Kumaraswamy Layout,  
Bengaluru - 560 078, Telephone: 080 26663654, 7483693035  
Email: principal@dscds.edu.in



DSCDS/2023

March 25, 2023

To,

Dr Praveen Ranka and Dr Shashikala V

The Martial Arts Trust

Jayanagar, Bangalore

Dear Sir and Maam,

We wholeheartedly thank you both for accepting our invitation and conducting the workshop on 'Self defence for women' on the occasion of International Women's Day on 24<sup>th</sup> March 2023. We appreciate the importance of skills needed and thank you for instilling confidence in our students & faculty to be physically prepared for dangerous and high stress situations. We express our gratitude and look forward to continue our association in future too.

**Prof. Dr. Hemanth.M**

M.D.S, Ph.D.

**PRINCIPAL**

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